#### PATIENT: \_\_\_\_\_

#### INFORMANT:

This is a problem checklist. Not all the items will be appropriate for you. Please indicate the level of difficulty associated with each item: **None:** This is not a problem or concern. Any challenges are age-appropriate

Mild: Some difficulty (somewhat)

Moderate: This is a problem (pretty much)

**Severe:** This is a serious problem (very much)

NA: Not applicable. Check this column if the item is not a problem or not relevant to you.

Difficulty with:	None (0)	Mild (1)	Moderate (2)	Severe (3)	N/A	
ATTENTION: Mean Score						
Attention to details or makes careless mistakes						
Holding attention or remaining focused						
Listening or mind seems elsewhere						
Instructions or finishing work						
Organizing (e.g. time, messy, deadlines)						
Avoids or dislikes activities requiring effort						
Loses or misplaces things						
Easily distracted						
Forgetful (e.g. chores, bills, appointments)						
HYPERACTIVITY AND IMPULSIVITY: Mean Score						
Fidgets or squirms						
Trouble staying seated						
Runs about or feels restless inside						
Loud or difficulty being quiet						
Often on the go						
Talks too much						
Blurts out comments						
Dislikes waiting (e.g. taking turns or in line)						
Interrupts or intrudes on others (e.g. butting in)						
OPPOSITIONAL: Mean Score						
Loses temper						
Easily annoyed						
Angry and resentful						
Argues						
Defiant						
Deliberately annoys other people						
Blames other people rather than themselves						
Spiteful						

Difficulty with:	None (0)	Mild (1)	Moderate (2)	Severe (3)	N/A	
DEVELOPMENT AND LEARNING: Mean Score						
Wetting, (after age 5)						
Soiling (after age 4)						
Reading						
Spelling						
Math						
Writing						
AUTISM SPECTRUM: Mean Score						
Difficulty with talking back and forth						
Unusual eye contact or body language						
Speech is odd (monotone, unusual words)						
Restricted, fixed, intense interests						
Odd, repetitive movements (e.g. flapping)						
Does not easily "chit chat"						
MOTOR DISORDERS: Mean Score						
Repetitive noises (e.g. sniffing, throat clearing)						
Repetitive movements (blinking, shrugging)						
Clumsy						
PSYCHOSIS: Mean Score						
Hearing voices that are not there						
Seeing things that are not there						
Scrambled thinking						
Paranoia (feeling people are against you)						
DEPRESSION: Mean Score						
Sad or depressed most of the day						
Lack of interest or pleasure most of the day						
Weight loss, weight gain or change in appetite						
Difficulty sleeping or sleeping too much						
Agitated						
Slowed down						
Feels worthless						
Tired, no energy						
Hopeless, pessimistic						
Withdrawal from usual interests/people						
Decrease in concentration						

Difficulty with:	None (0)	Mild (1)	Moderate (2)	Severe (3)	N/A	
MOOD REGULATION: Mean Score						
Distinct period(s) of intense excitement						
Distinct period(s) of inflated self-esteem, grandiose						
Distinct period(s) of increased energy						
Distinct period(s) of decreased need for sleep						
Distinct Period(s) of racing thoughts or speech						
Irritable behaviour that is out of character						
Rage attacks, anger outbursts, hostility						
SUICIDE: Mean Score						
Suicidal thoughts						
Suicide attempt(s) or a plan						
ANXIETY: Mean Score						
Intense fears (e.g. heights, crowds, spiders)						
Fear of social situations or performing						
Panic attacks						
Fear of leaving e.g. the house, public transportation.						
Worrying and/or anxious most days						
Nervous, can't relax						
Obsessive thoughts (e.g. germs, perfectionism)						
Compulsive rituals (e.g. checking, hand washing)						
Hair pulling, nail biting or skin picking						
Preoccupation with physical complaints						
Chronic pain						
STRESS RELATED DISORDERS: Mean Score						
Physical abuse						
Sexual abuse						
Neglect						
Other severe trauma						
PTSD: Mean Score						
Flashbacks or nightmares						
Avoidance						
Intrusive thoughts of traumatic events						
SLEEP: Mean Score						
Trouble falling asleep or staying asleep						
Excessive daytime sleepiness						
Snoring or stops breathing during sleep						

Difficulty with:	None (0)	Mild (1)	Moderate (2)	Severe (3)	N/A
EATING: Mean Score					
Distorted body image					
Underweight					
Binge eating					
Overweight					
Eating too little or refusing to eat					
CONDUCT: Mean Score					
Verbal aggression					
Physical aggression					
Used a weapon against people (stones, sticks etc.)					
Cruel to animals					
Physically cruel to people					
Stealing or shoplifting					
Deliberately sets fires					
Deliberately destroys property					
Frequent lying					
Lack of remorse or guilt					
Lack of empathy or concern for others					
SUBSTANCE USE: Mean Score					
Misuse of prescription drugs					
Alcohol > 14 drinks/week or 4 drinks at once					
Smoking or tobacco use					
Marijuana					
Other street drugs					
Excessive over the counter medications					
Excessive caffeine (colas, coffee, tea, pills)					
ADDICTIONS: Mean Score					
Gambling					
Excessive internet, gaming or screen time					
Other addiction					

Difficulty with:	None (0)	Mild (1)	Moderate (2)	Severe (3)	N/A	
PERSONALITY: Mean Score						
Self-destructive						
Stormy, conflicted relationships						
Self-injurious behaviour (e.g. cutting)						
Low self-esteem						
Manipulative						
Self-centered						
Arrogant						
Suspicious						
Deceitful with no remorse						
Breaking the law or antisocial behaviour						
Tends to be a loner						
OTHER (Please indicate any other difficulties): Mea	in Score					

#### **MEAN SCORE**

(N/A items not included in calculation)

ATTENTION	
HYPERACTIVITY AND IMPULSIVITY	
OPPOSITIONAL	
DEVELOPMENT AND LEARNING	
AUTISM SPECTRUM	
MOTOR DISORDERS	
PSYCHOSIS	
DEPRESSION	
MOOD REGULATION	
SUICIDE	

ANXIETY	
STRESS RELATED DISORDERS	
PTSD	
SLEEP	
EATING	
CONDUCT	
SUBSTANCE USE	
ADDICTIONS	
PERSONALITY	
OTHER	

\*Calculated from \_\_\_\_\_ answered questions

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# SNAP-IV 26 – Teacher and Parent Rating Scale James M. Swanson, Ph.D., University of California, Irvine, CA 92715

Name:				
Gender:	Age:	Grade:	Class Size:	
Completed by:			Teacher	Parent

For each item, check the column which best describes this child.	Not at all	Just a little	Quite a bit	Very much
<ol> <li>Often fails to give close attention to details or makes careless mistakes in schoolwork or tasks</li> </ol>				
2. Often has difficulty sustaining attention in tasks or play activities				
3. Often does not seem to listen when spoken to directly				
4. Often does not follow through on instructions and fails to finish schoolwork, chores, or duties				
5. Often has difficulty organizing tasks and activities				
6. Often avoids, dislikes, or reluctantly engages in tasks requiring sustained mental effort				
7. Often loses things necessary for activities (e.g., toys, school assignments, pencils, or books)				
8. Often is distracted by extraneous stimuli				
9. Often is forgetful in daily activities				
10. Often fidgets with hands or feet or squirms in seat				
11. Often leaves seat in classroom or in other situations in which remaining seated is expected				
12. Often runs about or climbs excessively in situations in which it is inappropriate				
13. Often has difficulty playing or engaging in leisure activities quietly				
14. Often is "on the go" or often acts as if "driven by a motor"				
15. Often talks excessively				
16. Often blurts out answers before questions have been completed				
17. Often has difficulty awaiting turn				
18. Often interrupts or intrudes on others (e.g. butts into conversations/ games)				
19. Often loses temper				
20. Often argues with adults				
21. Often actively defies or refuses adult requests or rules				
22. Often deliberately does things that annoy other people				
23. Often blames others for his or her mistakes or misbehavior				
24. Often touchy or easily annoyed by others				
25. Often is angry and resentful				
26. Often is spiteful or vindictive				